

## **ARBUTUS & EAST VAN LOCATIONS**

# 2016/17 ADULT CLASSES



| Monday        | Tuesday            | Wednesday    | Thursday                   | Friday |
|---------------|--------------------|--------------|----------------------------|--------|
| 11:00-12:30pm |                    | it NDSOK     |                            |        |
| BALLET        | 342                |              |                            |        |
| With Teri     | 12:00-1:15pm       | 12:00-1:30pm | 12:00-1:30pm               |        |
| Level 3       | FLEXIBILITY &      | TAP          | CONTEMPORARY JAZZ          |        |
| East Van      | CONDITIONING       | With Dayna   | Megan, Colleen, or Heather |        |
|               | With Megan         | Level 3      | Level 3                    |        |
|               | Level 2/3          | East Van     | East Van                   |        |
|               | East Van           |              |                            |        |
|               | 6:30-7:30pm        |              |                            |        |
| 7:30-8:30pm   | HIP HOP            |              | /:/                        |        |
| BARRE SCULPT  | With Mahkeela      |              | /3 /                       |        |
| With Kristina | Level 1            | 8:00-9:00pm  | /:/                        |        |
| Level 1/2     | East Van           | TAP          | /:/                        |        |
| East Van      | *Starting May 2nd* | With Gaylene | (A) (S)                    |        |
|               |                    | Level 2      | 1901                       |        |
|               |                    | East Van     |                            |        |

### **TUITION LEVEL 1/2 CLASSES**

DROP IN - 1 hour class: \$18.00 \*NEW\* Level 1 Hip Hop: \$15.00

10 CLASS PASS: \$165.00 \*Valid for 1 year

TERM - Jan-June: \$278.00

#### **TUITION LEVEL 3 CLASSES**

DROP IN - 45-minute class: \$16.00 DROP IN - 1.25-hour class: \$20.00 DROP IN - 1.5-hour class: \$22.00 DROP IN - 2-hour class: \$26.00 \*Tax will be added to all prices

**Level 1**: 0-2 Years of experience **Level 2**: 3-5 Years of experience **Level 3**: 6+ Years of experience

#### **ATTIRE**

Dance Co uniforms are optional for adults; dance wear or athletic wear is recommended for all classes.

#### **FOOTWEAR**

<u>Ballet/Barre Sculpt</u>: Ballet shoes, socks or barefoot <u>Contemporary/Contemporary Jazz</u>: Foot Undeez, half-

soles, jazz shoes, socks, or barefoot

<u>Tap:</u> Tap shoes \*Rentals and second hand shoes

available at DCO Arbutus <u>Hip Hop:</u> Clean sneakers

Flexibility & Conditioning: Barefoot

NO CLASS: May 22<sup>nd</sup>-June 2<sup>nd</sup>, June 6<sup>th</sup>-9<sup>th</sup>
LAST DAY OF SPRING CLASSES: June 16<sup>th</sup>

<sup>\*</sup>New Schedule coming for Summer July/August